

LISLE LIVING



MONTHLY NEWSLETTER SEPTEMBER 2019

We have had a lot of rain but the sunny days between the downpours are lovely. Beautiful blue skies and sunshine. The weather is still very cold overnight and in the mornings but when the sun shines the days are warm. We are now at the start of spring and can look forward to longer daylight hours and warmer weather.



Leaweena & Lisle Villages
Residents' Committee

SEPTEMBER 2019

WHAT'S ON



Keep Fit: 9:00-10:00am Monday, Wednesday & Friday — Lisle

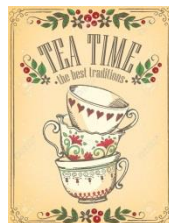


Walking group: 4:00pm Monday to Friday. Meet at main entrance on Lisle Street.

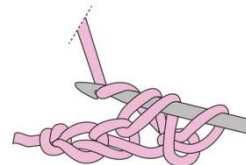
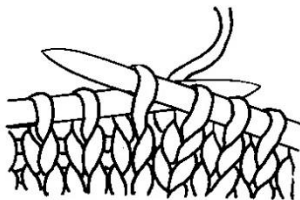
Monthly Movie: 2:00-4:00pm Wednesday 11th — Lisle: “Crazy Rich Asians”



Resident Committee Afternoon Tea/Coffee: 2:30pm Wednesday 4th — Lisle. Bring and Take Table.

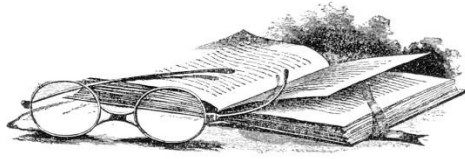


Resident Committee Morning Tea/Coffee: 10:30am Wednesday 18th — Lisle.



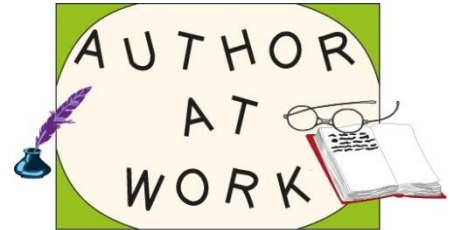
Quilting, knitting and crocheting: 10:00am-2:00pm Wednesday 11th and 25th — Leaweena

SEPTEMBER 2019: What's On



Poetry lovers: 2:30-4:00pm Wednesday 18th — Leaweena

Write Your Life Story: 2:30-4:00 Wednesday 25th —
Leaweena



Book Club: 2:00pm Thursday 26th — Leaweena. Monthly membership fee - \$5.00

Friday Evening Gathering 5:00pm Friday's — Lisle. Bring drinks and nibbles



Happy Hour: 5:00pm Friday 27th September — Lisle. Bring drinks and nibbles. \$2 or \$3 raffle.



Hairdresser — Gail, Tel 0418849689 Friday mornings — Leaweena



Podiatry — Catherine, Tel 0412382366 — Wednesday 11th September

Movies at Lisle

September 2019

NCC

BASED ON THE BEST-SELLING NOVEL

CRAZY RICH ASIANS

Movies at Lisle

Showing in the Recreation Room at Lisle Lodge
Just come along, no need to book!
Wednesday 11 September from 2.00pm to 4.00pm

New Yorker Rachel Chu accompanies her longtime boyfriend, to his best friend's wedding in Singapore. Excited about visiting Asia for the first time but nervous about meeting Nick's family, Rachel is unprepared to learn that Nick has neglected to mention a few key details about his life. A fun romantic comedy!

Cost: \$2 for afternoon tea

Coarse language

City of Nedlands

To advertise something to give away or sell adverts can be placed in the newsletter. The cut-off date for submissions for the October newsletter is 24th September. Adverts can be put into the Residents Committee box (next to the post boxes at the main entrance).

Residents Committee Contacts:

Peter Grey:	0418 952 586
Corrie Lodder:	0417 170 573
Kelly Bennett:	0418 449 940
Helen Hamilton-Broad	0458 668 551
Libby Colgan:	0449 973 069

SEPTEMBER 2019 RESIDENTS COMMITTEE REPORT



August was a busy month for the Committee, as residents will know, Hazel Spong resigned as President and I was voted in as our new President. Hazel did a fantastic job of getting the Committee to where it is today, which we are very grateful for.

We also have been lucky enough to welcome a new Committee member, Helen Hamilton-Broad from Lisle Lodge.

Our job as your Committee is to provide an important channel of communication between residents and management. We want our residents to be able to give us feedback in as many ways as possible so we have introduced a new Resident Feedback Form (attached at the end of this newsletter) where you can make a suggestion, make a complaint or give a compliment. Forms will be available in the office reception area and also will be available at all functions we, your Committee put on, including Happy Hour and Monthly Morning/Afternoon Tea. Forms can be completed anonymously and can be either placed in the Residents' Committee letterboxes or handed into the office. We hope you will find this helpful and look forward to your feedback.

During August we met with our General Manager giving her feedback on two draft policies the Board will be introducing, Resident Communication Policy and Complaints & Disputes Policy.

The focus for the Committee for September will be setting up a Social Committee to take over the social functions that our Committee have been running such as Happy Hour and Monthly Afternoon and morning Tea. I am pleased to say we have had a lot in interest from keen volunteers ready to take get involved, we will have more of an update on this next month. We are looking at a dart board setup in Leaweena common room. Can you please provide any feedback (positive or negative) to this.

As President I know a number of people in the villages. If you see me or any other Committee Member please introduce yourself so we can get to know more people in both villages. We are representing you to Management and the Board. The better we know your interests and concerns the better we can do this.

Peter Grey

President of Leaweena & Lisle Villages' Resident Committee on behalf of your Committee.



Alison Burgess (Unit 55) passed away on Friday 23rd August 2019. She and husband Pel (dec. December 2018) lived at Lisle Lodge for nearly 19 years. Alison made many friends over the years. Many fond memories of playing mah-jong. She would wish the staff many thanks for all the little and large jobs they did over the years especially Shane who was a great help at a minute's notice.

Alison would like special thanks to her dear friends Mary, Jenny and Mavis who enjoyed her company and visa-versa.

She passed at Hollywood Hospital in a quiet, peaceful and pain-free manner.

Alison would wish all residents good health and a peaceful future.

Our life memories are really history stories.

*Have you ever thought about writing your life story?
It doesn't have to be book length. It can be just a few pages
Those memories that stick in your mind, about you and your family and
the times you have lived through.
You have probably already decided what you want to talk about but don't
forget to mention the important facts.
Tell them who you are and what year it is.
Your family name and how old you are when you are writing your
memories. What country you live in now and where your family came
from.
If you would like to give it a try come join our little group.*

All Welcome. Sept.25th.2.30pm. Leaweena Common room.

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For All Poetry Lovers

*Reading and discussing poetry helps to keep your creative juices flowing.
We are just a small group but this year we have already covered quite a few
Australian authors and their works.*

*Patterson (the Banjo) and Henry Lawson are two of our best loved writers
and their poems tell us much about their background and the times they
lived in. Patterson, a lawyer from a wealthy English background writes of
horses and polo ponies and that stirring epic poem, the Man from Snowy
River.*

*Lawson on the other hand was born in a bark hut in the outback, His
father was a Nordic timber cutter and his mother was a writer and a
women's activist. Henry knew the hardship of life in the bush and wrote
about shearers and drovers and the loneliness of the women who waited.*

All Welcome: Sept.18th.2.30pm. Leaweena Common room.

(June Dunstan)

RESIDENTS COMMITTEE AFTERNOON TEA

The Residents Committee tea this month was hosted by Teresa Woodford of Regis Aged Care. She gave a presentation on the type of care offered by the Regis Centres and how the facilities offered to their residents vary from site to site. Teresa also discussed the fees associated with aged care and how it varies with the package required for each individual and what facilities are available at the chosen Aged Care Centre. She provided handouts of bags that contained some flyers about the facilities and some gifts. She also provided the pastries for our enjoyment

There was a very good turn out to the tea and residents showed their interest by asking numerous questions. In particular they wanted to know what the different fees paid for and how much an individual could expect to pay for care.

Interest has been expressed by residents for visiting the Port Coogie Regis site. Theresa Woodford suggests a visit to the Nedlands site in the short term and a visit to Port Coogie later in the year. **Anyone who is interested in visiting one or both sites should give their names to a Residents Committee member and state which site (or both) they are interested in visiting. If names could be in by September 12th we will see what Theresa can arrange.**

FRIDAY EVENING GET TOGETHER

The Friday evening gathering is going well. People have been coming along and bringing their own drinks—wine, champagne, beer, spirits or tea—whatever appeals at the time. Snacks to nibble include a wide assortment from nuts and crisps to cheese and biscuits and

sausage rolls. The number of people and the drinks and food varies from week to week. Bring for yourself or to share with all. We generally end up sharing the nibbles. We bring our own glasses

or cups and are each responsible for washing or tidying up what we have used.





Anything from between seven and seventeen people have come along for a chat and all thoroughly enjoy themselves.

It is a very informal, social get together where we all sit around one table that is made up of three individual tables pushed together. The roar of conversation that surrounds the table gives the whole evening a festive, party atmosphere.

People arrive and leave when it suits them. The last to leave turns out the lights and locks the door.

THE WALKING GROUP

The walking group is still going strong. Sometimes there are only two people other times there are more. We walk around Claremont Lake which is beautiful at the moment with plenty of water and bird life. The walks do vary. We go along Kennedia lane to Mayfair Street then on towards Christ Church Grammar playing fields a challenging but interesting walk up a steep hill and past the Cottesloe Golf course. Another walk we do is along Montgomery Avenue to Daran Park.

Some of the walkers walk swiftly, some take their time and enjoy the sights but all enjoy the social chit chat that walking in a group offers. Meredith of Lisle Lodge takes the group but if she is away someone else steps forward to help out.

The starting time for the walk is changing in September – **we will be meeting at 4:00 pm.** This is because the daylight hours are getting longer and it will start to get warmer as the month progresses.

MORNING TEA



A Wednesday morning tea was introduced in August and got off to a good start with 25 residents supporting the



event. Plenty of delicious treats were on offer. The residents enjoyed a very pleasant chat and social gathering. It was happy smiles all around.



HAMPER

A magnificent hamper, with a value of \$162, will be raffled at the August Happy Hour. The hamper is made up of donations from a number of local businesses. It contains wine, biscuits and other delights.

The Residents Committee would like to extend a warm thank you to all the donors:

Liquor Barons, Claremont
Dalkeith Chemist
Asquith Cellars, Mt Claremont
Post Office, Mt Claremont



Any funds collected from the raffle goes towards funding some of the events run by the social committee.

DELICATE LEMON CAKE

From Pat Sherwood

INGREDIENTS

1 cup castor sugar

125g softened butter

½ cup milk

2 eggs

Grated rind and juice of 1 lemon

1 ½ cups of self raising flour



METHOD

Sift flour and combine with sugar and lemon rind.

Add butter, eggs, milk and juice.

Beat well for 5 minutes.

Pour mixture into well greased tin.

Bake in moderate oven for 30 minutes

Ice with lemon icing.



Unfortunately, a resident's car was recently broken into in Leaweena Lodge car parking area (off Cleland St) and a purse stolen. The thief broke a window to open the car.

We hope that you will find the information below useful.

Ways to stop your car being broken into



- Always park in a place that is well-lit if possible.
- Take your high-value items with you. This includes laptops and other electrical equipment, your wallet/purse, mobile phone and keys.
- Make your car look empty.
- Always lock your car when it's unattended and make sure the windows are up.
- Learn your car's storage areas. Some cars have hidden storage under the front seats or under the floor. These areas are often safer because it's difficult for a thief to remember every vehicle's configuration – they'll know the glovebox and boot, but not necessarily other hidden compartments. If you leave items in the glovebox, lock it – it's not a strong lock, but it will delay them.

Thieves want a nice easy life – they're a thief because they're lazy, not because they're brainy. So, make it difficult for them to steal from you and they will move on.

SUPER SUDOKU

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				C		5	1			7	A		2	3	
D			3	9			A				6	C	E		4
6	9	4	0	E	C				3	A				7	8
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	3	1	F		B	A	7		9	6	0			5	
		C		F	4	1						3		9	
	2		8						7	F	5		3		
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E		F	C	8				0			1	D			2
	8	7		1	0			F	B		4				
3		2			9		6	7	8					C	F
	A			D			4				C	8	9		E

ANSWERS

7	C	8	9	0	2	B	F	E	1	4	3	6	D	A	5
2	F	B	A	6	E	4	3	5	C	D	9	0	8	1	7
4	0	E	6	C	D	5	1	8	F	7	A	9	2	3	B
D	1	5	3	9	8	7	A	B	0	2	6	C	E	F	4
6	9	4	0	E	C	D	5	1	3	A	F	2	B	7	8
A	5	D	7	3	6	8	9	C	E	B	2	F	4	0	1
8	3	1	F	2	B	A	7	4	9	6	0	E	C	5	D
B	E	C	2	F	4	1	0	D	5	8	7	3	6	9	A
1	2	9	8	B	A	0	E	6	7	F	5	4	3	D	C
C	4	3	B	7	1	9	D	A	2	0	E	5	F	8	6
F	7	6	5	4	3	C	2	9	D	1	8	B	A	E	0
0	D	A	E	5	F	6	8	3	4	C	B	7	1	2	9
E	6	F	C	8	5	3	B	0	A	9	1	D	7	4	2
9	8	7	D	1	0	2	C	F	B	E	4	A	5	6	3
3	B	2	4	A	9	E	6	7	8	5	D	1	0	C	F
5	A	0	1	D	7	F	4	2	6	3	C	8	9	B	E



**MITCH MAY HOME 0424 403 574
& PROPERTY MAINTENANCE**



Please tick whichever applies:

☐☐

Unit Number:

Phone No:

Email:.....

[illegible]



If you are making a complaint date of occurrence:/...../.....

What outcome are you seeking?

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Date