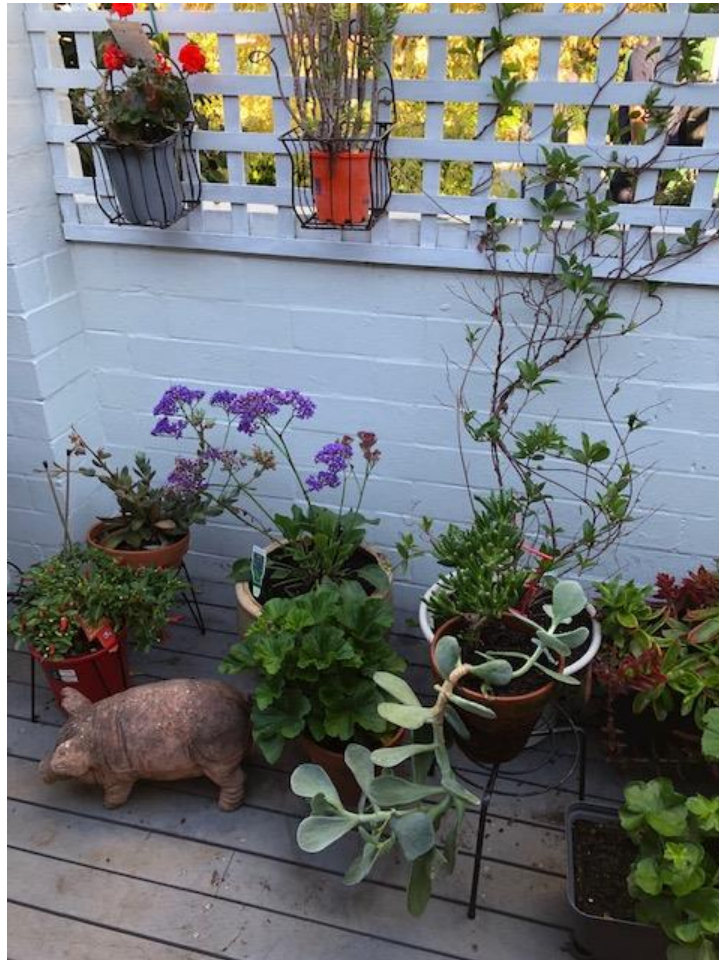


LISLE LIVING



MONTHLY NEWSLETTER OCTOBER 2019

Spring has arrived with an ostentatious and exuberant display of flowering plants and trees. The days are beautiful with warmer weather and lovely blue skies. The spring equinox was on the 23rd September celebrating equal daylight and darkness hours. The days will continue to get longer as we head towards the summer months. In the meantime enjoy the gorgeous spring weather. Although winter does seem a bit reluctant to completely release its cold wet hold on the weather.



Leaweena & Lisle Villages
Residents' Committee

SEPTEMBER 2019

WHAT'S ON



Keep Fit: 9:00-10:00am Monday to Friday — Lisle



Walking group: 4:30pm Monday to Friday. Meet at main entrance on Lisle Street.

Monthly Movie: 2:00-4:00pm Wednesday 9th — Lisle: "The Grand Budapest Hotel"



Resident Committee Afternoon Tea/Coffee: 2:30pm Wednesday 2nd — Lisle. Bring and Take Table.



Resident Committee Morning Tea/Coffee: 10:30am Tuesday 15th — Lisle.



Quilting, knitting and crocheting: 10:00am-2:00pm Wednesday 9th and 23rd — Leaweena

SEPTEMBER 2019: What's On



Poetry lovers: 2:30-4:00pm Wednesday 16th — Leaweena

Write Your Life Story: 2:30-4:00 Wednesday 23rd — Leaweena



Book Club: 2:00pm Thursday 24th — Leaweena. Monthly membership fee - \$5.00

Friday Evening Gathering 5:00pm Friday — Lisle. Bring drinks and nibbles for yourself or to share



Happy Hour: 5:00pm Friday 25th — Lisle. Bring drinks and nibbles.



Hairdresser — Gail, Tel 0418849689 Friday mornings — Leaweena



Podiatry — Catherine, Tel 0412382366 — Wednesday 23rd October

Movies at Lisle

The Grand Budapest Hotel

October 2019

NCC



Movies at Lisle

Showing in the Recreation Room at Lisle Lodge
Just come along, no need to book!

Wednesday 9 October from 2.00pm to 4.00pm

In the 1930s, the Grand Budapest Hotel is a popular European ski resort, presided over by concierge Gustave. Gustave prides himself on providing first-class service to the hotel's guests, including satisfying the needs of the many elderly women who stay there. When one of the ladies dies mysteriously, Gustave finds himself the recipient of a priceless painting and the chief suspect in her murder

Cost: \$2 for afternoon tea



City of Nedlands



To advertise something to give away or sell adverts can be placed in the newsletter. The cut-off date for submissions for the November newsletter is 25th October. Adverts can be put into the Residents Committee box (next to the post boxes at the main entrance).

Residents Committee Contacts:

Peter Grey: 0418 952 586

Corrie Lodder: 0417 170 573

Kelly Bennett: 0418 449 940

Helen Hamilton-Broad 0458 668 551

Libby Colgan: 0449 973 069

OCTOBER RESIDENTS COMMITTEE REPORT



During September your committee was kept busy attending to many requests submitted by residents and others. There have been many requests for events but so far we have had no response to anyone wishing to be involved in a social committee. The Residents Committee will continue to run this side until we are able to set up a social committee. With any suggestion that we receive it is first discussed between committee members to ensure it is within our responsibility. If yes we then try and gauge the opinion of residents. This is done at 2 of the events each month asking for a show of hands. This is followed by a mention in the monthly newsletter. If after that we still get a positive result we will proceed and try and implement the event. At the end of this newsletter you will see a form asking you for your opinion of various proposals submitted to us. Could you please respond to the questions asked.

At this stage it is our aim to subsidise one main event a year and all remaining events must be self-funding. At the morning and afternoon teas next month we will be asking for a \$2 donation to cover the costs of the event. Any funds left over will go directly into the social fund. Previously these events have been paid for by the village management. We also ran a raffle where sponsors donated items. We intend to become more active with obtaining sponsors who will support our activities. New sponsors are Boyan (\$200 cash) who do our electrical work, Wembley Plumbing also have donated 3 off \$20 Bunnings vouchers which will be put in a raffle. This is a medium term goal to have more so that other events can be subsidised. The sponsors for the raffle just held are Liquor Barons in Claremont, Asquith Cellars in Mt Claremont, Dalkeith Chemists; and Mt Claremont Post Office. Please support these sponsors whenever you can. If you have other people who you think will help please let a committee member know.

During the month we have had requests for AFL final event, Melbourne Cup event, New Years Eve event, A guided tour of Mt Claremont, an event where residents could speak for a maximum time of 5 minutes telling us about their life, Having a well known speaker in to talk to a group (e.g. Dr Fiona Woods, etc.), an Open Garden event, have a bench somewhere in Lisle where people could stop and chat and speak with passers by. Because of a lack of social committee we have not been able to attend to all of these. That does not mean we will not arrange it but most will have to be deferred till next year.

We started a morning tea event which was well attended and have just had our second one. While it is well attended we will continue to support this.

During October we will be implementing the dart board setup in the Leaweena common room. This will take a little while as a backing board has to be made. A score board will also have to be made and mounted. When ready we will notify residents of the starting event. We will also start organising the Xmas event. A lot of

work has already been done but we had to abandon a self catered event due to safety concerns with food preparation and handling.

Event helpers

We would not have been able to hold the events without the assistance of the helpers we have. THANK YOU very much to these people. If anyone else wants to help on an occasional basis, please contact one of our committee members.

Resident Response issues

1. Curtin University approached us regarding a survey on how the elderly travel. They wish to have a 5 minute survey of any resident willing to participate. They will visit Lisle Village for this.
2. A resident has suggested an open garden event where those who are interested can open their garden to other residents and discuss what they have done.
3. Some residents have said that they find Sunday to be the loneliest day of the week. We want to look at how we can help. One of the suggestions was to make more use of the Lisle common room on the weekend. This could be watching movies such as on Netflix where the choice is almost unlimited. Another suggestion is a picnic. In the past the committee has mainly looked at weekday events and ignored the weekend.
4. One resident has suggested an event where each person tells others a little about themselves. This would be for a maximum of 5 minutes. It will give others an opportunity to find out a lot more about their neighbours. This could initially be a part of morning/afternoon tea.
5. Visit by 3/4 year olds from Mount Claremont Playgroup. We were approached by this group asking if we would like a visit by 7 to 10 children from there. There would be a number of activities such as painting, reading, and any other suggestions we have. Initially it would be about 30 minutes but could be expanded. It was suggested in the afternoon as the children are livelier then. If it was a successful event we could make it a regular event.

Peter Grey

President of Leaweena & Lisle Villages' Resident Committee on behalf of your Committee.

Back to the 1950s – yes and no?

Well into our retirement years many yearn for “The good old days” but just how good were they?

Many will have been born pre-WW2 and experienced the 1940s War Years. Our pre-Baby Boomer generation is known as the USA termed Traditionalists or Silent Generation. As I recall the war years were austere with hand-me-down clothes and especially in 1942 the real fear of Japanese invading our Western Australian shores. WA endured several Japanese bombings and strafing from Kalumburu to Exmouth that are stories in themselves while the dreaded Brisbane Line sacrificed us to the enemy.

The 8th May 1945 victory in far off Europe was surpassed by VJ Day euphoria on the 15th August 1945. When the news came over the radio I recall my and all neighbouring mothers running out to their back yards and shouting to each other over wire fences “The War’s over” and jumping for joy.

Most families had a Coolgardie Safe and some an ice chest that the ice-man delivered blocks of ice by horse drawn cart as was bread and other deliveries. Few owned a refrigerator and if so, usually a kero fridge. Mums cooked on Metters wood stoves with a kettle always boiling; bath hot water came from a chip heater with the water shared amongst family; clothes were boiled in a copper or scrubbed on a washing board, not to the hand operated mangle and propped washing line. Most country town people either walked to local destinations or rode a bicycle. Farmers’ transport was usually horse and cart. Then came the 1950s. What a momentous time to have experienced in our formative years. It was post war and we kids were let loose into a new era that surpassed our parent’s 1920s post WW1 Charleston years.

After leaving school most went straight into a job or training and were respectful to those in authority. Unlike the 21st century, leaving home doors open was commonplace and safe. In summer we moved beds to sleep on the verandah. The word air-conditioner didn’t exist in our world.

Those lucky enough to have a PMG telephone wound the handle for “Number please” then manually connected by a telephonist who seemed to know everyone’s business. Urgent messages were delivered by telegram boys on bikes.

Friday night 50/50 dances turned into Rock ‘n’ Roll. There was Bill Haley and Elvis who shocked our parents even more, plus many others. We now preferred music from the USA, doubtless from the WW2 influence. Cars became more attainable and surfing took hold. There were beach parties and you name it. Hit Parades on radio stations like 6KY, 6PR/TZ/CI and 6IX/WB/MD/BY Remember those? ABC news on 6WF/WN/WA was sacrosanct with parents demanding and getting silence. At the cinema and outdoor movies we all respectfully stood for the National Anthem before the movies started. Radio serials popularity continued from earlier years and we would race home to ensure not missing a favourite.

Most homes had mantle or console valve radios often powered by a 6 volt car battery that had to be recharged each week. The late 50’s saw portable valve radios replaced by miraculous small transistor radios. The “Working Holiday to England and Europe” was a popular experience during our early 20s with ship voyages taking about five weeks from Fremantle. A highlight was buying our transistor radios in Aden. It was a golden age for teens and early 20s to enjoy and enjoy we did.

Now almost 70 years later we look back on the 50s with great nostalgia but apart from the fun and more simple life back then we are lucky to be living in this 21st century. Mind boggling medical advances and a visit to the dentist no longer involves a foot treadle drilling machine. We have flat screen colour TV, home computers, mobile phones, microwave ovens, dish washers, marvelous washing machines, comfortable motor cars with automatic transmissions and GPS Sat Nav, huge jet aircraft for fast travel and much more.

So just how good were the 1950s? Perhaps a combination of then and now? You be the Judge

Strong Water and Dust Proof Cases For Sale

The case is 360(L)x230(D)x200(H)mm. It is a robust case, waterproof, dust proof. It would suit a fisherman, tool storage, art paints storage, any storage where you wanted to protect valuable items. These cases would normally retail for \$100-\$120.

Peter Grey is asking \$10 to purchase one. He has about 15 of these. All sales will be donated into the Resident Committee social fund. If anyone is interested please contact Peter to view a case or contact any committee member to purchase.



SOCIAL NEWS

TUESDAY MORNING TEA



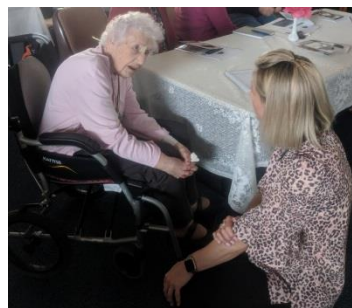
A Tuesday morning tea this month was hosted by White Oak home care. We were treated to a presentation on how to go about accessing home care packages. It is a complex process and White Oak staff advises and help clients to access these benefits. There are two main streams that are followed: one is for

veterans the other is for everyone else. It is worth asking for help because even the professionals involved in helping people to access these home care packages find the process complicated. The speakers also pointed out there is a long waiting list of at least two years before Government home care packages can be awarded. So it is very important to plan ahead.



A small but interested group of residents attended the morning tea. There was an extended question time after the presentation when some of the problems were discussed with individuals. A handout of the presentation and a White Oak flyer were also distributed to interested residents.

Mandy provided a delicious variety of cakes and biscuits for the tea.



THE WALKING GROUP

The walking group is still going strong. Sometimes there are only two people other times there are 6 or more. Claremont Lake is a popular walk at the moment as we are keen to keep an eye on the goslings and are waiting for the coot babies to hatch. The lake is beautiful with plenty of water and the bountiful bird life. The walks do vary depending on whim of the walkers.

As the weather is becoming warmer and the days longer the starting time for the walk is changing in October – **we will be meeting at 4:30pm**. We still meet at the main entrance to Lisle Lodge.



HAPPY HOUR



The September Happy Hour was a roaring success with a record number of people coming along. Jon Bahen the director of Abel Property attended the event as he wanted to meet and talk to residents. Abel Property is the



real estate agents handling sale and rental of Lisle Villages' units. Another draw card at the happy hour was a large hamper consisting of



donations from local businesses. The donors were thanked in the September Newsletter and included:



Liquor Barons, Claremont; Dalkeith Chemist; Asquith Cellars, Mt Claremont; and the

Post Office, Mt Claremont.

As usual a delicious selection of food was set out for all. The committee members were kept busy with the sale of raffle tickets for the hamper and setting out extra seats for the flood of interested residents. Corrie Lodder of Lisle lodge was the lucky winner of the Hamper – she was very surprised and overjoyed at the win.



DONORS

The Residents Committee would like to extend a warm thank you to our donors for contributions towards our social events:

Boyan Electrical
Wembley Plumbing
Mount Claremont Pharmacy

FOUND

Has anyone lost an earring? This was found on the floor outside 28 Lisle

Contact the office to
claim the item



CHOCOLATE CAKE

From Pat Sherwood

INGREDIENTS

2 dspn cocoa
1 cup sugar
1 cup self raising flour
Vanilla
3 tspn butter
½ cup milk
2 eggs

METHOD

Mix melted butter and cocoa and beat

Add rest of ingredients to the bowl in the order given.

Do not mix until all the ingredients are added, then beat well.

Pour into a greased log tin and bake in a moderate oven for 1 hour.



well.



CROSSWORD CLUES

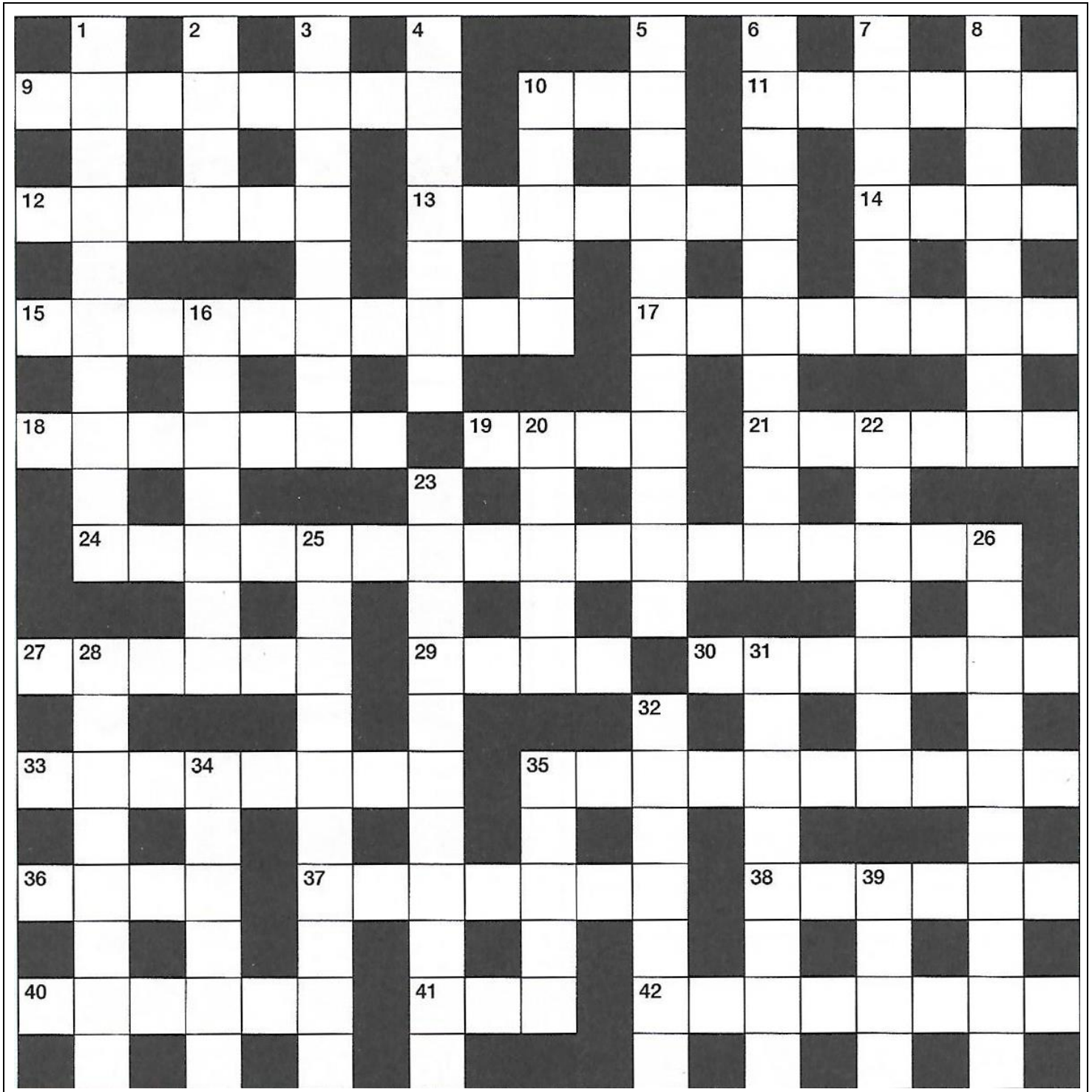
ACROSS

- | | |
|--|--|
| <p>9 Physical worker (8)</p> <p>10 Frequently Asked Question (1,1,1)</p> <p>11 Tell, enlighten (6)</p> <p>12 Brook, creek (6)</p> <p>13 Rich ore (7)</p> <p>14 Fighting force (4)</p> <p>15 Hugely popular novel (10)</p> <p>17 Straying from the right course (8)</p> <p>18 Mary –, author of the book <i>Frankenstein; or, The Modern Prometheus</i> (7)</p> <p>19 <i>Let –</i>, Beatles song (2,2)</p> <p>21 Prophet (6)</p> <p>24 <i>Harry Potter And The –</i>, third book in J.K. Rowling's series (8,2,7)</p> | <p>27 Snarl, knot (6)</p> <p>29 Former Russia (1,1,1,1)</p> <p>30 Aerial (7)</p> <p>33 Horrible, shocking (8)</p> <p>35 Highbrow fiction studied at school and university (10)</p> <p>36 <i>As Good – Gets</i>, 1997 romantic comedy starring Jack Nicholson and Helen Hunt (2,2)</p> <p>37 Chef's workplace (7)</p> <p>38 Merciful (6)</p> <p>40 Stringed instrument (6)</p> <p>41 Heavy weight (3)</p> <p>42 Enhanced, improved (8)</p> |
|--|--|

DOWN

- | | |
|--|---|
| <p>1 Military vessel that attacks from the ocean (10)</p> <p>2 Burrowing mammal or a skin blemish (4)</p> <p>3 First public showing (8)</p> <p>4 – with, engage in a struggle or close encounter with (7)</p> <p>5 Having all sides equal (11)</p> <p>6 Arkansas' capital (6,4)</p> <p>7 Matter (6)</p> <p>8 Felon (8)</p> <p>10 Lobby (5)</p> <p>16 Cultivating (7)</p> <p>20 Implements, utensils (5)</p> <p>22 Of music that is calm and peaceful (7)</p> <p>23 Revive, bring an unresponsive person back to life (11)</p> | <p>25 Unique, exceptional (3,2,1,4)</p> <p>26 Teetotaler (3-7)</p> <p>28 Relating to the sense or organs of hearing, or to the science of sound (8)</p> <p>31 – Ireland, country where you can visit Belfast (8)</p> <p>32 – knife, retractable blade (7)</p> <p>34 Baby's plaything (6)</p> <p>35 Lindsay –, troubled actress who has appeared in such films as <i>Freaky Friday</i> and <i>The Parent Trap</i> (5)</p> <p>39 Deride (4)</p> |
|--|---|

CROSSWORD



ANSWERS

ACROSS 9 Labourer, 10 FAQ,
11 Inform, 12 Stream, 13 Paydirt,
14 Army, 15 Bestseller, 17
Aberrant, 18 Shelley, 19 It Be, 21
Oracle, 24 Prisoner Of Azkaban,
27 Tangle, 29 USSR, 30 Antenna,
33 Horrific, 35 Literature, 36 As
It, 37 Kitchen, 38 Humane, 40
Violin, 41 Ton, 42 Enriched.

DOWN 1 Battleship, 2 Mole,
3 Premiere, 4 Grapple,
5 Equilateral, 6 Little Rock,
7 Affair, 8 Criminal, 10 Foyer,
16 Tilling, 20 Tools, 22 Ambient,
23 Resuscitate, 25 One of a Kind,
26 Non-drinker, 28 Acoustic, 31
Northern, 32 Stanley, 34 Rattle,
35 Lohan, 39 Mock.

IMPORTANT PHONE NUMBERS

Emergency out of hours maintenance
number: (08) 6324 0319

Police: 131444

Emergencies: 000

Residents Response Form

(See the Resident Committee report for full details on each question)

Village? (Lisle or Leaweena).....

Unit No.

Circle either a Yes or No. Place all responses in the Resident Committee Letterbox

There will be a **\$20 voucher** raffled for any person who submits a full response to this survey, **by 11th October.**

1. Do you want to participate in the Curtin University study?

Yes

No

2. Do you support the Open Garden idea?

Yes

No

3. Do you support the Lisle Common Room being used on the weekend?

Yes

No

Any suggestions for an activity?

.....

4. Do you support a talk by residents telling others a little about themselves?

Yes

No

5. Do you wish to see a visit by Mt Claremont Playgroup?

Yes

No

Any comments on the survey?

Thank you for your response!